



NK UDADA FOUNDATION
EMPOWER & EQUIP - UGANDA

School Outreach Programme

Overview for School Administrators

WHO WE ARE

Youth-led, practical, and built for Uganda's students.

NK Udada Foundation is a youth-led nonprofit based in Kampala, Uganda, established in 2024. The organization equips young people with education, health knowledge, life skills, and practical support.

The School Outreach Programme brings trained facilitators into secondary schools for structured, age-appropriate sessions on reproductive health, financial literacy, goal setting, and staying in school. Each visit is planned with school leadership and adapted to the learners attending.

THE PROGRAMME - ONE SESSION, FOUR PILLARS

01 SRH Dialogue

Puberty, menstrual health, consent, healthy relationships, STI/HIV awareness, and digital safety.

02 Financial Literacy

Saving, budgeting, needs versus wants, and entrepreneurship basics.

03 Goal Setting

Personal vision, strengths discovery, and concrete next steps.

04 Staying in School

Resilience, peer support, and why education matters.

WHO IT IS FOR

S.1-S.6 learners, typically ages 13-19.

TRACK RECORD

440+ learners reached across 3 pilot schools.

WHAT WE ASK OF YOUR SCHOOL

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|---|---|
| 1. A room or hall suitable for the participating students | 2. A 3-4 hour session window |
| 3. Approximate student numbers before the visit | 4. A reachable staff contact for coordination |

REQUEST A SCHOOL VISIT

admin@the-nkfoundation.org | +256 765 367558 (call or WhatsApp) | Kampala, Uganda

School visits are provided at no cost to participating schools.